

COACHES' TIPS

The purpose of a coach is to assure that the players learn the game and have fun. Strive to do all you can to assist in your players' emotional, physical, and skill development, which will ultimately continue to make Wildersgrove a community center to be proud of.

Even the most successful coach can use a tip every now and then. Remember, a coach should be a subject matter expert. Make sure you know the sport you are coaching!

- Remember, you are just the coach; the game is for the kids! Keep it simple. Fundamentals, fundamentals and more fundamentals. If you do not know the fundamentals rethink being a coach.
- A coach is also a motivator. In order to motivate, you must first earn the respect of your players. Yes, I said you need to earn the respect of preteens and teenagers. You do that by demanding the best from your players and always expecting the best through discipline, respect, and hard work.
- Always be positive, making your players believe they have a chance to win.
- Permanently erase phrases like "we can't," "they're better than us," and "we are going to lose" from your vocabulary. Also, refrain from coaching like you are going to lose. The kids can tell when you give up! That is one thing you should insist on from your players. Never Give Up! But remember, your players will follow your lead.
- Be willing to continually grow in your understanding of the game you are coaching.
- Be willing to be honestly candid with your players. Discuss the things that are best for the team by making the hard decisions, not the easy ones.
- Have a vision (from preseason to the last game). Be sure the coaching staff understands the vision. Communication is the key. A plan without a pattern to follow is no good.